

# ROTARY CLUB AMRITSAR MIDTOWN

Club No. 15217

Chartered on April 8, 1983



RI Distt. 3070

**UNITE  
FOR  
GOOD**



**Rtn. Francesco Arezzo**  
*RI President*



**Rtn. Rohit Oberoi**  
*District Governor*

## Environmental Month

Issue No. 10

April 2026



# *The Gateway*

CLUB BULLETIN



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Advisor



**Rtn. Arun Kapur**  
Advisor



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DGE



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President



**Rtn. Parveen Mahajan**  
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**Rtn. Harpreet Singh**  
Editor



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# Editorial

**Dear Fellow Rotarians,**

April, celebrated as *Environment Month*, reminds us of our shared responsibility to protect and preserve the world we live in. As Rotarians, we are not only service leaders but also custodians of a cleaner, healthier, and more sustainable future.



In today's rapidly urbanizing world, three pressing concerns demand our immediate attention — **cleanliness, pollution, and noise**.



Cleanliness is the foundation of a healthy society. A clean environment is not just about aesthetics; it directly impacts public health and dignity. Through initiatives like community clean-up drives, waste segregation awareness, and reduction of single-use plastics, we can inspire citizens to adopt habits that lead to long-term change. True transformation begins when cleanliness becomes a collective culture rather than a one-day activity.



Pollution, especially air and water pollution, continues to pose a serious threat to our well-being. Rising vehicular emissions, industrial waste, and irresponsible disposal practices are affecting both urban and rural life. As a responsible Rotary Club, we must advocate for greener practices—encouraging plantation drives, promoting eco-friendly alternatives, and educating the younger generation about sustainable living. Even small steps, when multiplied across communities, create a powerful impact.

Equally concerning, yet often overlooked, is **noise pollution**. The constant honking on roads, loudspeakers, and unregulated sound levels disturb not only human peace but also affect wildlife and overall mental health. Promoting awareness about responsible noise levels, especially in residential and silent zones, is a simple yet meaningful way to contribute towards a more peaceful environment.

This month, let us renew our commitment to environmental stewardship. Let us lead by example—whether by planting a tree, reducing waste, or simply choosing silence over unnecessary noise. Every action, however small, reflects our dedication to “**Service Above Self.**”

Together, let us build not just better communities, but a better planet.

**Warm Regards,**

*Rtn. Harpreet Singh*

Editor

# Leadership, Learning and Fellowship at AGLS-DTLS Dharamshala

The Assistant Governors Learning Seminar (AGLS) and District Team Learning Seminar (DTLS) for the Rotary year 2026–27 was successfully organized from 28th February to 1st March 2026 at the picturesque Dhauladhar Heights & Resort, Dharamshala, Himachal Pradesh. The seminar was hosted under the leadership of DGE Rtn. Anil Singhal and brought together Assistant Governors and District Team members for leadership learning, fellowship, and planning for the upcoming Rotary year.

Members from Rotary Club Amritsar Midtown who participated in the seminar included DGE Rtn. Anil Singhal, President Rtn. Dr. R.K. Bedi, Rtn. Dr. K.K. Bhalla, Rtn. Ashwani Malhotra, Rtn. Raminder Singh Sodhi, and Rtn. Satish Marwaha, President Elect Rtn. Harpreet Singh.

The programme commenced on 28th February at 3:00 PM with high tea and fellowship at the beautiful venue overlooking the majestic Dhauladhar mountain range. At around 4:00 PM, the formal session began with the National Anthem, recitation of the Four-Way Test, and ceremonial lighting of the lamp. Rtn. Dr. K.K. Bhalla gracefully conducted the proceedings as the Master of Ceremonies (MOC).

DGE Rtn. Anil Singhal welcomed all the Assistant Governors, District Team members, and delegates. District Governor Rtn. Rohit Oberoi addressed the gathering and emphasized the importance of strengthening Rotary bonds and leadership commitment. The session was further enriched by inspiring addresses from IPDG Rtn. Dr. P.S. Grover, PDG Rtn. Dr. Dushyant Choudhary, and DGN Rtn. Vijay Sehdev, who shared their valuable insights and guidance for the upcoming Rotary year.

The evening concluded with a vibrant Gala Dinner, where participants dressed in traditional Indian attire. The atmosphere was filled with fellowship, music, singing, and dancing, reflecting the true spirit of Rotary camaraderie.

The second day, 1st March 2026, began with breakfast and fellowship. All Assistant Governors and District Team members proudly wore silver-grey half jackets specially prepared for the registered participants by DGE Rtn. Anil Singhal, along with their personalized name plates and designations for the Rotary year 2026–27. The day's session commenced at 10:00 AM with a group photograph session.

The leadership sessions featured enlightening addresses by PDG Rtn. Dr. U.S. Ghai, PDG Rtn. Dr. S.P.S. Grover, and PDG Rtn. G.S. Bawa, who

guided the participants on their roles, responsibilities, and leadership expectations in Rotary. The sessions were highly interactive, and several Assistant Governors and District Team members also shared their learning experiences on the stage.

Adding a cultural touch to the event, the audience enjoyed a traditional Himachali Kangra Jhamakda group performance by the students of Satya Sai Educare Vidya Pratishthan, which beautifully reflected the rich cultural heritage of Himachal Pradesh and was warmly appreciated by all present.

At the conclusion of the seminar, personalized graduation certificates were presented to all Assistant Governors by the dignitaries in recognition of their participation in the leadership training programme.

The smooth and successful conduct of the seminar was made possible through the wholehearted support and meticulous arrangements by the Dharamshala Rotary team, whose warm hospitality and efficient coordination ensured a memorable experience for all participants. The club gratefully acknowledges the collective efforts of Rtn. Dr. N. N. Sharma, Rtn. Hari Singh, Rtn. V. S. Parmar, Rtn. Dr. Vijay Sharma, Rtn. Tej Singh, and Rtn. Ajay Sharma, whose dedication and teamwork played a significant role in making the event truly successful.

Overall, the seminar proved to be a perfect blend of leadership learning, fellowship, and cultural celebration, leaving all participants inspired and energized for the upcoming Rotary year







# Inspiring Address by Rtn. Mrs. Amandeep Sekhon

Rotary Club  
Amritsar  
Midtown had  
the privilege  
of hosting Rtn.  
Mrs.  
Amandeep  
Sekhon, a  
Rotarian and  
Rotary Ann, as  
the guest  
speaker at the  
meeting held



on March 13, 2026. In her engaging and heartfelt address, she shared her enriching journey in Rotary alongside her husband Rtn. Gurjit Sekhon, who presently serves as RI Director.

Mrs. Sekhon spoke about her long association with Rotary and how the values of service and fellowship have shaped her life over the years. She highlighted several impactful projects carried out by her home club, Rotary Club Civil Lines, Amritsar. One of the most notable initiatives she mentioned was the construction of 400 in Sultanwind Village with Rotary grant & total 900 in and around Amritsar, which significantly improved sanitation and hygiene for the local community. She also shared how the club extended support by providing furniture to the Government School in Village Heir, Amritsar, contributing to a better learning environment for students.

She fondly recalled her memorable journey to the United States when her husband served as the District Governor of Rotary International District 3070. During that time, she had the opportunity to interact with Rotarians from different parts of the world, gaining valuable experiences and insights into the global impact of Rotary.

The bio-data of the guest speaker was read by Dr. Mrs. Anita Bhalla, Director, Bhavans, who beautifully introduced Mrs. Sekhon to the members. The meeting concluded with a vote of thanks proposed by Rtn. Harpreet Singh, expressing gratitude to the speaker for sharing her inspiring Rotary journey and motivating members with examples of meaningful service.

The session proved to be highly inspiring and reinforced the spirit of "Service Above Self" among all present.



The foundation upon which Rotary is built is friendship; on no less firm foundation could it have stood.

— Paul P. Harris —

# **Rotary Club Amritsar Midtown Organised Inspiring Talk on Prevention and Precautions of Gastrointestinal Disorders on March 27, 2026**

Rotary Club Amritsar Midtown organised an enlightening and highly informative talk on the prevention and precautions of gastrointestinal disorders. The session aimed to create awareness about digestive health and highlight practical measures to prevent common gastrointestinal problems, especially those arising due to seasonal and lifestyle changes.



The esteemed guest speaker, Dr Aseem Watts, Consultant, Fortis Escorts Hospital, was warmly welcomed by the President, Rtn Dr R. K. Bedi, and the Secretary, Rtn Parveen Mahajan, with a bouquet as a token of appreciation and respect.

Dr Aseem Watts was formally introduced by Rtn Rishi Khanna, who highlighted the speaker's professional achievements and expertise in the field of gastroenterology. During his talk, Dr Watts elaborated in detail on the major causes responsible for gastrointestinal disorders and explained how factors such as changing weather conditions, dietary habits, stress, and lifestyle patterns can significantly impact digestive health. He also shared valuable insights on preventive care, balanced nutrition, hygiene practices, and timely medical consultation to avoid complications.

The session was highly interactive, with Rotarians actively participating and posing a variety of questions to clarify their doubts regarding digestive issues, diet choices, seasonal infections, and healthy living practices.



The meeting concluded with a formal vote of thanks proposed by Rtn Dr Pawan Bhatia, who expressed sincere gratitude to the speaker for sharing his valuable knowledge and guiding members towards better health awareness.

# Rtn. H.S. Jogi Elected as District Governor Nominee Designate (DGND) for RY 2028–29



Rotary Club Amritsar Midtown proudly congratulates **Rtn. H.S. Jogi**, Charter President, on being elected as the **District Governor Nominee Designate (DGND) for Rotary Year 2028–29** of RID 3070.

The election took place during the **Annual District Conference held on March 7–8 at Club Cabana, Jalandhar**, where his selection was announced amidst great enthusiasm and appreciation from Rotarians across the district.

**On March 15, 2026, Rotary Clubs of Zone Amritsar felicitated Rtn. H.S. Jogi at the Art Gallery, Amritsar in recognition of this remarkable achievement.**

Rtn. Jogi is a highly respected and dedicated Rotarian, known for his dynamic leadership and unwavering commitment to *Service Above Self*. Since joining Rotary in 1999, he has served in numerous key roles, including Club President, Assistant Governor, and various important district assignments. His outstanding contributions have earned him several prestigious recognitions, including the Pride of Rotary Award, and he is a distinguished +8 Paul Harris Fellow.

A successful entrepreneur and socially active personality, Rtn. Jogi continues to inspire fellow Rotarians with his vision, humility, and passion for service.

The entire Rotary family extends heartfelt congratulations to Rtn. H.S. Jogi and wishes him great success in his journey ahead.

## Zonal Meeting for PELS & SELS



Rotary Meeting was held on March 30th at Amritsar Club, hosted by Zonal Chairman Rtn. Jaspreet Singh Grover, in preparation for PELS & SELS. DGE Rtn. Anil Singhal, PDG Dr. U.S. Ghai (District Counsellor), DGND Rtn. H.S. Jogi, and PDG Dr. P.S. Grover addressed the gathering. From RC Amritsar Midtown, Rtn. Dr. R.K. Bedi (President), Rtn. Harpreet Singh (President Elect), and Rtn. Rishi Khanna (District Team Member) were present. The interactive session saw participation from Presidents-Elect and AGs of Zone Amritsar ahead of PELS & SELS on April 11–12, 2026 at Jalandhar.



# Monthly Report of Ganesh Das Chadha Rotary Centre for March 2026

## A Project of Rotary Club Amritsar Midtown



General OPD	269
EYE OPD	434
Eye Operation	5
Dental OPD	206
Laboratory	329
ENT OPD	7
<b>Total</b>	<b>1250</b>

## ROTARY QUIZ

### Test Your Rotary Knowledge!

1. In which year was Rotary International founded?  
a) 1895    b) 1905    c) 1915    d) 1925
2. Who is the founder of Rotary?  
a) Paul Harris                      b) Thomas Edison  
c) Andrew Carnegie    d) Henry Ford
3. What is the Rotary motto?  
a) Service First                      b) Serve Humanity  
c) Service Above Self    d) People First
4. What is the name of Rotary's flagship global initiative?  
a) Clean Earth Mission    b) End Polio Now  
c) Health for All                      d) Global Education Drive
5. How many Avenues of Service does Rotary have?  
a) 3                      b) 4                      c) 5                      d) 6

Answers: 1-b, 2-a, 3-c, 4-b, 5-c



# ANNOUNCEMENTS



## **CLUB CHARTER ANNIVERSARY**

**Day, Date & Time**  
Wednesday April 8, 2026 At 7 Pm

**Venue:**  
AMRITSAR CLUB

**Service:** DINNER

## **PELS & SELS**

**Date :** 11-12, April, 2026

**Venue**  
HOTEL REGENT,  
JALANDHAR.

**REGISTRATION CHARGES**  
**RS. 4000.00 SINGLE**  
**RS. 7500.00 (COUPLE)**

## **Mass Marriage Ceremony**

**Sunday, 19th April, 2026**

**Time : 9.00 am**



**Venue :**

**Bhavan's SL Public School, Amritsar**



**19 Rtn. Arun Mohindru**  
**23 Rtn. Vinod Sharma**  
**27 Rtn. Satish K. Babbar**  
**29 Rtn. Dr. R. K. Bedi**



**14 Rtn. Avinash Mohindru & Mrs. Vijay Mohindru**  
**18 Rtn. Dr. Pawan Bhatia & Dr. Ritu Sharma**  
**19 Rtn. Satish K Marwaha & Mrs. Anu Marwaha**  
**22 Rtn. Satbir Singh & Mrs. Deepika**  
**24 Rtn. Satish K Babbar & Mrs. Jaishree Babbar**  
**27 Rtn. Baldev Singh & Mrs. Surinderjit Kaur**

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